

## **Is the CSA Model Right for You?**

In our many year functioning as a CSA farm, we have observed what sort of members seem to be the most pleased with their boxes. CSA seems to work best for people (and families) who identify themselves as:

- Someone who enjoys having a personal connection to where their food comes from
- Someone who likes to eat vegetables and fruits
- An adventurous/creative cook
- A flexible eater
- Someone who gets excited about trying new recipes and reading news about farm happenings
- Someone whose schedule allows them to get to their pick-up site consistently each week

*~ by farmers Dennis Fiser and Anne Drehfal at Regenerative Roots CSA in Jefferson County, Wisc.*